



Why Hypnagogic Light Experience, Lucia N°03 and Healing Potential?

Altered states of consciousness - such as deep trance, experiencing different shapes and colors, losing tracking of time, or generally having dissociative states of consciousness- can have great healing potential. Even traditional medicine and WHO (World Health Organization) reflect increasingly on this ancient knowledge.

Recent international studies confirm the healing potential of such states of consciousness, which are usually triggered by psychedelic substances. However, these substances are difficult to manage, illegal and dangerous for consumers, and sometimes produce physical and psychological dependence.

A study conducted in 2015 by the University of Sussex proves that the hypnagogic light experience using Lucia N°03 allows downright comparable states of consciousness to psychedelic substances. Not only compares the hypnagogic light experience via Lucia N°03 to psychedelic substances, but it is controllable, legal, and without the risk of dependency.

Further Information – Contact michelle@luciaexperience.com

(1) study – Dr. David Schwartzman, 2015: The presentation of the study regarding the effects of Lucia N°03 on neuro-connectivity by Dr. David Schwartzman and his MSc student Ashley Ward, (Sackler Centre for Consciousness Science, University of Sussex, Brighton, UK) was able to confirm that Lucia N°03 is effective tool for inducing a dissociative state of consciousness in non-clinical participants. These types of states can be seen as the base for a mystical/ transpersonal experiences.

(2) study – Dr. Robin Carhart-Harris, researcher, neurologist, psychologist, London 2016

Michelle Addison

michelle@luciaexperience.com

www.LuciaExperience.com

